



WESTMOUNT SQUARE SURGICAL CENTER

PRE-ADMISSION INSTRUCTIONS

The following instructions are for your safety.

A responsible adult must accompany you to the Westmount Square Surgical Center and be available to drive you home as well as stay to assist you overnight the day of your surgery

A light meal before 20:00 (8:00PM) is permitted and **fasting after midnight prior** to your scheduled arrival time for surgery is obligatory.

Do not take medication containing aspirin (Fiorinal) or ibuprophen for one week prior to your scheduled surgery unless otherwise directed by your physician.

Take prescribed medications, as directed in your pre-assessment at 18:00 (6:00PM) the evening prior to your surgery.

If you have asthma or any other respiratory condition, please bring your inhaler(s).

If you have type I Diabetes (Juvenile), please bring your prescribed insulin with you.

Shower and wash your hair the day of surgery.

Wear loose, comfortable clothing on the day of your surgery; a patient gown, robe and footwear will be provided to you at the Center.

Jewellery and other valuables should be left at home. We cannot be responsible for their safety.

Cosmetics should be minimal or not at all.

CONSENT TO SURGERY, CONSENT TO ANESTHESIA; your signature will be required indicating that you give your surgeon and anaesthetist permission to perform a procedure(s). You must read this form carefully and be sure to clarify any concerns that you may have prior to signing.

Illness – please contact the Center if you have an obvious respiratory infection (cold) or other acute illness one week prior to your surgery.